

## HELP FEED SOMEONE WHO IS HUNGRY THIS



## Here are some things that we need:

### Baby and Child

Aptimal formula milk for all ages  
Baby wipes  
Nappies for all ages

### Beverages

Cans fizzy drinks  
Coffee  
Individual cartons fruit juice / soft drink  
Instant hot chocolate  
Large cartons long life fruit juice  
Long life milk  
Small bottles water  
Squash  
Tea

### Groceries

BBQ sauce  
Baked beans  
Breakfast cereals (especially porridge)  
Brown sauce  
Cereal bars  
Chocolate spread  
Chutney  
Cooking oil (not olive)  
Cup a Soups  
Individual bags crisps  
Individual chocolate bars/biscuits  
Jam  
Marmite  
Mayonnaise  
Mug shots  
Packets biscuits  
Pasta sauces  
Pickle  
Pot noodles/super noodles/  
pasta pots  
Pot porridge  
Salad cream  
Smooth peanut butter  
Sugar  
Tinned Tomatoes  
Tomato sauce

### Household

Air freshener  
Cleaning products  
Dishwasher tablets  
Disinfectant spray  
Kitchen foil / cling film  
Scourers / cloths  
Washing powder  
Washing up liquid

### Toiletries

Brushes  
Combs  
Conditioner  
Moisturiser  
Paper towels  
Pump soaps  
Razors  
Sanitary towels  
Shampoo  
Shaving gel/foam  
Shower gel/body wash  
Spray deodorant (male and female)  
Sun cream  
Toilet rolls  
Toothpaste

WE  
WOULD ALSO  
LIKE SHOPPING  
VOUCHERS

For further details:

 **visit** [newhope.org.uk/harvest](http://newhope.org.uk/harvest)

 **contact** Rebecca at [rpalmer@newhope.org.uk](mailto:rpalmer@newhope.org.uk)

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You can also donate money online to our **Fresh Food Fund**  
[newhope.org.uk/freshfoodfund](http://newhope.org.uk/freshfoodfund)